



The Food Security Continuum

There are many different strategies for addressing food insecurity. These strategies can be considered along a continuum from short-term strategies that address immediate needs, to long-term strategies the aim to build food security into the future.

Structural change to the food system

e.g. food policy networks, coalitions, & councils; food security taxes; participatory food costing

Move beyond emergency food, focus on individual and community development

e.g. community kitchens, gardens & buying clubs, etc.
Short-term relief

e.g. food banks, soup kitchens, emergency food assistance programs,

Stage 3 System Redesign Strategies

Stage 2 Capacity Building Strategies

Stage 1 Short-term Relief Strategies

Food Security Adapted from Kalina, L. 2001; Houghton, J. 1998; MacRae, R. 1994

**To build food security we need to
move along the continuum**